

Adopt A Library

Help someone take charge of her health

Does your local library carry the latest comprehensive books by the Endometriosis Association?

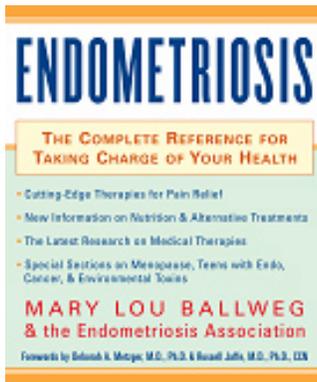
Many libraries are stretched too thin on their budgets to buy as many books as in the past. *Books about endometriosis may not be on the priority lists.* Librarians in charge of purchasing may not be aware of the disease and the suffering it brings. It's up to us to inform others!

Donate a book to your library of choice, and have your name on a bookplate that shows you gave this gift in support of the endo cause!

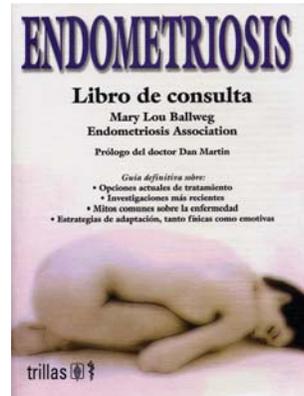
There are thousands of women with endometriosis. Libraries could be the critical link between these women and help from the Endometriosis Association. *Your donation of a book could make the difference to a woman seeking help.*

Your book donation will become a new link in the chain of libraries that bring vital information about endometriosis to those who need it.

Another barrier to fighting endometriosis can be language. Remember what it felt like – suffering from endo and not knowing about the disease? *Please help us remove the language barrier.* Together we can get the latest information on endometriosis, and ways to treat it, into our Spanish-speaking communities.



Endometriosis: The Complete Reference for Taking Charge of Your Health Endometriosis can be managed best only through active, informed decision-making. This authoritative guide provides new information on treatments and lifestyle changes and tools to successfully manage the disease.



Endometriosis, Libro de consulta The first book in Spanish on endometriosis for lay readers! As the Spanish edition of **The Endometriosis Sourcebook**, this book covers surgical, medical, and alternative/complementary treatments as well as information about research findings, common myths about endometriosis, pregnancy and post-partum experiences, physical and emotional strategies, and inspiring real stories.

**Yes! I want to help get information about endometriosis onto library shelves.
Please use my enclosed donation as I've indicated below:**

Book	Quantity x	Price +	Shipping =	Total
<i>Endometriosis: The Complete Reference for Taking Charge of Your Health</i>		\$17.95 USA \$24.65 CAN	\$5.50 USA \$8.00 CAN	\$
<i>Endometriosis: Libro de consulta</i>		\$27.95 USA \$36.85 CAN	\$5.50 USA \$8.00 CAN	\$

I've checked with my librarian(s), and they would like my donation. Ship the books to these locations:

OPTION: _____ Please note: I prefer that you choose a library in an area of greatest need.

Library Name	Address	City	State/Prov	Country	ZIP/Postal Code

_____ **Yes. Please put my name on the bookplate of each book I've donated.**

Name(s) of Donor(s)	Address	City	State/Prov	Country	ZIP/Postal Code

Make check or money order payable to: Endometriosis Association.

Mail it to: Endometriosis Association, 8585 N. 76th Place, Milwaukee, Wisconsin 53223 USA

Adopt A Library

Put endometriosis books on the shelves for those who need help

Endometriosis Awareness Month (March) is a special time to join with members from around the world and reach out to our communities. When you donate a book to your local library, you are reaching out directly to someone who might be alone, in pain, and looking for answers.

How to be an Endometriosis Association book donor

Contact your library of choice to ask if you can make a book donation. Get the complete mailing address and telephone number, as well as the library name, to record on the back of this flyer. We will put a bookplate inside with your name on it that tells readers that you are the donor. You will have the satisfaction of knowing that you have helped other women and families with your gift, by making accurate information about endometriosis available to them.

Donor Bookplate Shows Your Support

Your donated book on the shelf of the library of your choice will bear a bookplate with your name on it, indicating the book is a gift from you. Your gift supports the endo cause, as well as your local library, and adds another link in the chain of libraries bringing vital information about endo to those who need it. You will feel proud to know that you helped to extend the chain of endometriosis awareness.

If you are financially unable to donate a book, try this idea: Ask friends or family to donate, or do a group donation. Your family will be proud to do something special for the endo cause in your honor. They, too, can have their names on a bookplate in a book in their local library – *a public statement of support for you and the endo cause!*

Other places to donate

Other places you may want to consider include the libraries in women's colleges, nursing schools, hospitals, women's prisons, women's resource centers, military bases, campus health services, and others. Clinics, schools, and health centers can also help reach those who need information on endometriosis. Ask your doctor, surgeon, or nurse to donate a book to their clinic or medical library! You can also donate *Endometriosis: Libro de consulta* to any health facilities serving those who speak Spanish.

Reviewers agree: these books make a difference!

"The Endometriosis Association has produced excellent, informative books on endometriosis... This most recent book provides a breadth of information..."

The forward, written by Dr. Deborah Metzger, appropriately mentions that some of the information within this book is not commonly known by medical professionals. And it's true!

The little vignettes or brief words of advice from women with endometriosis are likely to be very supportive and helpful.

At the end of the book is an appendix called 'Joe with Endo.' It is a series of cartoons with a couple where the roles are reversed. Joe has endometriosis, not his wife, and these illustrate some of the cultural aspects of how women with endometriosis are treated in their relationships with spouses, physicians, etc.

Overall, this book is well referenced, with references noted in the back of the book by chapter. The extensive glossary and resource guide are also very helpful."

Elizabeth E. Puscheck, M.D., Assistant Professor, Ob/Gyn, Wayne State University School of Medicine, Detroit, Michigan

Excerpt from the "Patient's Bookshelf," a book review column in *ASRM News*, the newsletter of the American Society of Reproductive Medicine

"Must reading for patients with endometriosis, their families, and their care providers. This book provides information about endometriosis, its symptoms, diagnosis and treatment, and ongoing research on its causes and effects, and its prevention. The technical portions are well and clearly written, and the first-person accounts from women with endometriosis are well selected and relevant."

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